College of International Tourism and Hospitality Management – Student Council

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I. Accomplished Activity

Name of Activity	CITHM ISRO II: Mushroom Delights: From Farm to Plate Crafting Culinary Magic
Period/Date of Implementation	*10/06/2023*
Venue	Mushroom Farm in Majada Out, Canlubang, Calamba City
Target Number of Participants	*2*
Total number of Actual Participants	***2***
CSM Result (Summary)	*Excellent*

II. Description/Objective of the Activity

The College of International Tourism and Hospitality Management Student Council envisions a sustainable community where everyone is doing their part as a member of the society. With this, we highly encourage the CITHM students to engage themselves, and take part in numerous Community Extensions which can be beneficial not only in the CITHM Department, but in the whole institution as well.

In addition to this, we propose an ISR activity entitled: **"Mushroom Magic: Cultivating Community & Harvesting Knowledge."** Through this project, the CITHM students will attend a **Mushroom Planting Seminar at Mushroom Farm in Canlubang Majada Out**. From there, they will learn how to properly plant the mushrooms and maintain them. Hence, they plan to apply what they have learned in Barangay Makiling, and inside the institution as well. The target date of the project would be on the **6th of September, 2023**.

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Objectives:

- To apply the knowledge, they have harvested all throughout the seminar inside the LPU- Laguna's premise and promote the college's advocacy of sustainability.
- To allow the CITHM students conduct research and development activity to add value to the harvested mushrooms once the LPU CITHM raises its own mushroom farm.
- To innovate new products such as Mushroom Chips, Mushroom Chicharon and Mushroom Seasonings to encourage students to consume plant-based foods.
- To generate sales for ISR activities' funds.

III. Summary of Activity

As representative of the CITHM – Student Council, Ms. Faye Florento together with Chef Abram Emmanuel Peralta had their first visit in the farm in Canlubang, Calamba.

During their visit they were able to see and experience the actual mushroom farm. This opportunity gave them an idea and insights on how it would be implemented inside the university as well as what products they can make out of the mushroom. There is also a seminar in which they are taught on how to grow mushroom farm which they saw as an opportunity and a potential for activities that would benefit not only the university but the community outside the university as well.

After that, they tested products that they thought during their visit.

IV. Evaluation

Issues, Concerns, and Problems Encountered	Actions Taken
1. None	***N/A***
2. None	***N/A***

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VI. Other comments or suggestions:

"It's Delicious and it's feasible" – Dr. Lerma Calingasan
"If this will be on market, I'll buy this" – Ms. Danica Villasanta
"This is a great healthy option for chicharon, and it's delicious" – Chef Abram Emmanuel Peralta

VII. Documentation

Mushroom Products.

SDG 2: Zero Hunger

Prepared by	***Jian Kathlyn R. Padrid***
Date	***September 10, 2023***

OFFICE OF STUDENT AFFAIRS AND SERVICES

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